

2023 ACROBATICS SCHEDULE WARANA

	MONDAY		TUES	DAY		WEDNESDAY		THURSDAY		FRIDAY	SATURDAY		
3:30pm		Acro Skills		Acro Skills	A 6110			Acro Skills	Acro Ext	Acro Skills			
3:45pm	Acro Skills SILVER	<b>BLUE</b> 3:30-4:15pm	Acro Ext. LEVEL 2	<b>BLUE</b> 3:30 - 4:15pm	Acro Skills		INTER	BLUE	Acro Ext. LEVEL 1	<b>BLUE</b> 3:30- 4:15pm	TUMBLING LEVEL 2	Acro Skills SILVER	Acro Skills
4:00pm	3:30-4:30pm	5.50-4.15pm	3:30 - 4:30pm	5.50 - 4.15pm	SILVER 3:30 -		<b>P. TEAM</b> 3:30-	3:30 – 4:15pm	3:30 -4:30pm	3.30- 4.13pm	3:30 - 4:30pm	9:00 - 10:00am	<b>BLUE</b> 9:15 - 10:00am
4:15pm		Acro Skills		Acro Skills	4:30pm		4:45pm			Acro Skills			9:15 - 10:00am
4:30pm		BLUE		BLUE						BLUE			
4:45pm	TUMBLING	4:15-5.00pm	Acro Ext.	4:15 – 5:00pm	Acro Ext. LEVEL				Acro Ext. LEVEL 2	4:15 – 5:00pm	Acro Skills	Acro Ext.	
5:00pm	4:30-5:30pm	LEVEL 3 4:30-5:30pm 4:30-5:30pm			5 & 6 Sports	Sports	SENIOR	IIOR	4:30 - 5:30pm		<b>SILVER</b> 4:30 - 5:30pm	LEVEL 1 & 2 10:00-11:00am	
5:15pm					4:30 - 5:30pm	<b>Acro</b> 4.30-6.00pm	<b>P. TEAM</b> 4:45 -		5.50pm				
5:30pm					Open		6:00pm		Acro Ext.				
5:45pm	TUMBLING		Acro Ext.		Solo Training				LEVEL		Acro Ext. LEVEL	Acro Ext. LEVEL	
6:00pm	LEVEL 4		<b>LEVEL 4</b> 5:30 – 6:30pm		5.30-6.00pm				<b>3 &amp; 4</b> 5:30 -		<b>5, 6 &amp; 7</b> 5:30 - 6:30pm	3&4	
6:15pm	5:30 - 6:30								6:30pm		5:50 - 6:50pm	11:00-12:00pm	
6:30pm							OPEN P. TEAM		Acro				
6:45pm	Acro Ext.		Acro Skills				6:00 - 7:30pm		Skills				
7:00pm	<b>LEVEL 5</b> 6:30 – 7:30pm		<b>GOLD</b> 6:30 – 7:30pm				7:30pm		<b>GOLD</b> 6:30 -				
7:15pm									7:30pm				
7:30pm													

ACRO SKILLS	ACRO EXTENSION	TUMBLING	PERFORMANCE TEAM	SPORTS ACRO	
An exciting and fun program designed to develop the foundations of acrobatics and help students progress with their skills. Students will develop strength, flexibility and balance in a fun and safe environment. BLUE   Ages 5 – 6 SILVER   Ages 7 – 10	This is a set program for students wanting to progress their skills, with levels 1-6 which have skill criteria applied to each level. Classes also include strength and stretch components to develop endurance and flexibility. Entry to these classes is by assessment.	Tumbling classes are taken in addition to out Acro Extension classes. These classes are dedicated to drills and progressions to develop power tumbling skills including back handspring, front and back saults, aerial cartwheels and more. Entry into tumbling classes are by assessment. TUMBLING LEVEL 2	Just Acrobatics Performance teams offer motivated students the opportunity to perform and represent Just Acrobatics at a variety of eisteddfod, competitions and show throughout the year. Entry into the performance team is via a annual audition process.	Invite only class for Open Performance Team. This Sports acrobatics class will focus on small group & partner activities at a high level.	
GOLD   Ages 11 +	LEVELS 4, 5, 6, 7   Ages 10 +	TUMBLING LEVEL 3	P.TEAM	SPORTS ACRO	
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## **2023 ACROBATICS SCHEDULE**

## MUDJIMBA

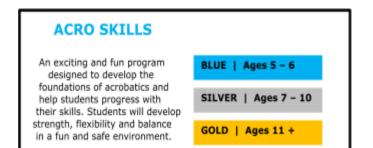
Northshore Community Centre

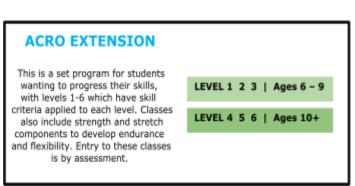
	MONDAY	TUESDAY			
3:30pm		Acro Skills BLUE 3:30 – 4:15pm			
3:45pm	Acro Skills				
4:00pm	BLUE				
4:15pm	3:45 – 4:30pm				
4:30pm		Acro Skills SILVER 4:15 – 5:15pm			
4:45pm	Acro Skills				
5:00pm	<b>SILVER</b> 4:30 – 5:30pm				
5:15pm	4.50 5.50pm				
5:30pm		Acro Ext.			
5:45pm	Acro Skills	<b>LEVEL 3 &amp; 4</b> 5:15 – 6:15pm			
6:00pm	<b>GOLD</b> 5:30 – 6:30pm				
6:15pm	5.50 0.50pm				
6:30pm					

## REDCLIFFE

Redcliffe Entertainment Centre

	THURSDAY
3:30pm	
3:45pm	Acro Skills
4:00pm	BLUE
4:15pm	3:45 – 4:30pm
4:30pm	A ana Chille
4:45pm	Acro Skills SILVER
5:00pm	4:30 - 5:30pm
5:15pm	
5:30pm	
5:45pm	Acro Ext.
6:00pm	5:30 - 6:30pm
6:15pm	
6.30pm	
6.45pm	Acro Skills GOLD
7.00pm	6:30 - 7:30pm
7.15pm	
7.30pm	







## 2023 AERIAL SCHEDULE WARANA

	MONDAY		TUESDAY	WEDNESDAY	THURSDAY		FRIDAY		SATURDAY	
3:30pm			AERIAL VARIETY							
3:45pm	SILKS	SILKS	Kids		SILKS	SILKS	INTER AERIAL	LYRA	SILKS	
4:00pm	<b>Level 2</b> 3:30 – 4:30pm	Level 3 & 4 3:30 - 4:30pm	3:30 – 4:15pm		Level 1 & 2 3:30 - 4:30pm	Level 3 & 4 3:30 - 4:30pm	<b>P.TEAM</b> 3:30 - 4:30pm	Level 1 & 2 3:30 - 4:30pm	<b>Level 5 &amp; 6</b> 10:00 - 11:00am	
4:15pm				AERIAL VARIETY				3.30 - 4.30pm		
4:30pm			Kids							
4:45pm	SILKS		4:15 - 5:00pm		OPEN AERIAL		LYRA	LYRA	SILKS	
5:00pm	Level 5 & 6 4:30 - 5:30pm				P.TEAM		<b>Level 3</b> 4:30 – 5:30pm	<b>Level 4 &amp; 5</b> 4:30 - 5:30pm	Level 3 & 4 11:00am - 12:00pm	
5:15pm			AERIAL VARIETY		4:30 – 5:30pm		1			
5:30pm			<b>Pre-Teen</b> 5:00 – 6:00pm							
5:45pm	SILKS								SILKS	
6:00pm	Level 7 & 8 5:30 - 6:30pm				SILKS		LYRA		Level 1 & 2 12:00pm - 1:00pm	
6:15pm			AERIAL VARIETY	SILKS	<b>Elite</b> 5:30 - 7:00pm		<b>Elite</b> 5:30 – 7:00pm			
6:30pm			<b>Teens</b> 6:00 – 7:00pm	Level 7 6.00-7.00pm						
6:45pm										
7:00pm										
7:15pm										
7:30pm										

